

Moraxella osloensis Bacteremia and Pneumonia in a Seventeen-Year-Old Patient

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Abstract

Moraxella osloensis (*M. osloensis*) is a rare cause of bacteremia and pneumonia in pediatric patients. The published case reports of *M. osloensis* bacteremia are limited. Among children, there are only seven cases of invasive disease from *M. osloensis* identified, and specific treatment guidelines are not available. Our case adds to the limited literature on this rare bacterium and highlights the need to better define antimicrobial resistance patterns. Here we report a case of a 17-year-old previously healthy female admitted with *M. osloensis* bacteremia and pneumonia. The patient initially presented with clinical and radiographic findings consistent with community-acquired pneumonia and was sent home after an emergency department (ED) visit with oral antibiotic treatment. She was advised to return for admission after the blood culture obtained in the ED reported growth and was noted to have persistent symptoms despite antibiotic adherence. Treatment with ceftriaxone for 3 days intravenously followed by 7 days of oral cefdinir resulted in rapid clinical improvement and resolution of her infection. Due to its sparse prevalence in the literature, there is currently no standard antibiotic regimen for treatment of invasive infections with *M. osloensis*; a variety of therapies ranging from 7 to 14 days in duration have been successfully employed. While *Moraxella* species (e.g., *Moraxella catarrhalis* (*M. catarrhalis*)) are typically β -lactamase producing, reports regarding β -lactamase production by *M. osloensis* have been inconsistent. *M. osloensis* is a rare cause of invasive infection in adolescents. Given limited published data regarding antibiotic sensitivities of this specific organism, microbiologic sensitivities should be obtained if possible and response to therapy should be closely monitored.

Keywords: *Moraxella*; *Moraxella osloensis*; Bacteremia; Pneumonia; Infectious disease

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Introduction

The *Moraxella* genus of gram-negative bacteria originates from the *Moraxellaceae* family, which is notable for common human and bovine pathogens (*Moraxella catarrhalis* (*M. catarrhalis*) and *Moraxella bovis*, respectively) [1]. *M. catarrhalis* typically produces a β -lactamase, and treatment of these typical pathogens has been well established. In children and adolescents, the usual manifestations of *M. catarrhalis*, specifically otitis media and sinus infections, commonly respond to treatment with amoxicillin-clavulanate, trimethoprim-sulfamethoxazole, and cephalosporins, depending on regional susceptibility [2]. Conversely, *Moraxella osloensis* (*M. osloensis*), an aerobic gram-negative coccobacillus, does not have a standardized treatment due to its rarity.

M. osloensis has been isolated from environmental sources, and there have been few reports of the organism causing human disease in older and/or immunocompromised patients [3, 4]. Among previously healthy children and adolescents, *M. osloensis* infection has been rarely reported. In total, there are fewer than 20 pediatric cases and around 30 adult infections with this species reported, with adults experiencing more severe disease [4]. In children, only seven cases of bacteremia have been reported with this species [4]. This case report is presented to build upon the scarce literature of invasive *M. osloensis* bacteremia in children and to outline antibiotic recommendations for treatment for this species.

Case Report

Investigations

A 17-year-old previously healthy adolescent female presented to the emergency department (ED) with complaints of chills, body aches, mild headache, and bilateral eyelid swelling noted upon waking that morning. There was no associated neck stiffness, neck pain, shortness of breath, abdominal pain, rash, or dysuria. She had been well with no symptoms prior to initial presentation. There were no sick contacts and no recent travel. She was working on a flower farm over the summer and her last day was 7 days prior to admission. She lived with her parents and brother. She would be attending 12th grade at a local public high school. She denied taking any medications and had no prior hospitalizations or underlying medical conditions. Family history was significant for

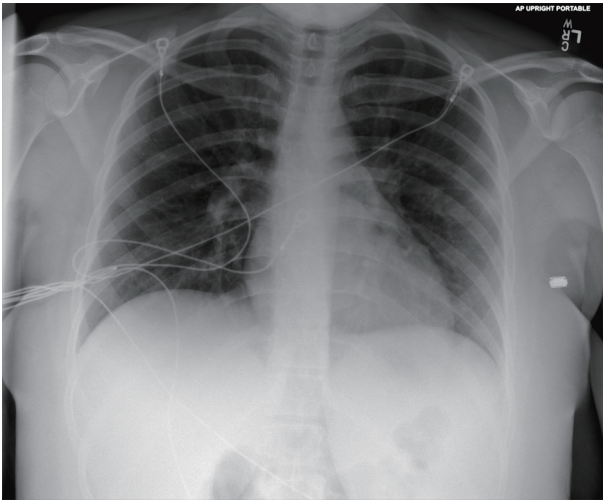


Figure 1. Anteroposterior (AP) chest X-ray from initial emergency department visit.

maternal grandparents with arthritis, but there was no history of autoimmune conditions like systemic lupus erythematosus, rheumatoid arthritis, or individuals with immunodeficiencies. The patient was up-to-date on her vaccinations and received her first dose of the AztraZeneca coronavirus disease 2019 (COVID-19) vaccine 1 week prior to presentation.

On presentation, the patient was febrile and tachycardic, with a temperature of 38.1 °C and pulse of 169 beats per minute. Blood pressure was 135/82 mm Hg, respiratory rate of 24 breaths per minute, and oxygen saturation of 99% on room air; body mass index (BMI) was 33.45 kg/m². Physical exam was notable for edema of bilateral eyelids with faint clear discharge and minimal conjunctival injection from both eyes. Cardiac exam demonstrated tachycardia without associated murmur, friction rub, or gallop rhythm. The remainder of examination was unremarkable.

Diagnosis

Initial laboratory tests revealed: neutrophilia ($9.1 \times 10^3/\mu\text{L}$) and lymphopenia ($0.4 \times 10^3/\mu\text{L}$) on complete blood count (CBC), minor uncompensated respiratory alkalosis (pH 7.45, pCO₂ 33 mm Hg, HCO₃ 22 mmol/L) on venous blood gas, negative severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) polymerase chain reaction (PCR) from nasal swab, negative urine pregnancy test, normal troponin, normal thyroid-stimulating hormone, as well as unremarkable comprehensive metabolic panel and urinalysis. Two blood cultures were collected. Chest X-ray (Fig. 1) demonstrated a nonspecific small focus of ground-glass opacity in the periphery of the left lung. electrocardiogram (ECG) demonstrated sinus tachycardia with left atrial enlargement; subsequent transthoracic echocardiogram was normal.

Patient was diagnosed with viral syndrome, conjunctivitis, and pneumonia of the left lung. Due to concerns for secondary bacterial infection, a prescription for amoxicillin-clavulanate (875/125 mg) tablets and ofloxacin 0.3% ophthalmic drops

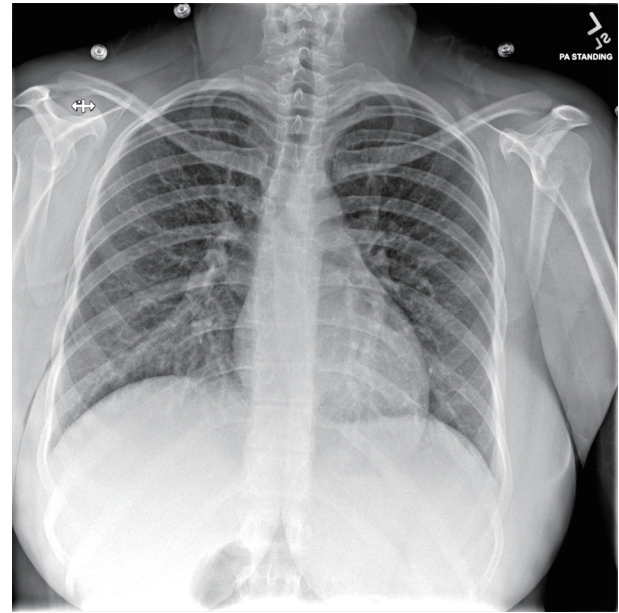


Figure 2. Posteroanterior (PA) standard chest X-ray from second emergency department visit 2 days later.

was provided, and the patient was discharged home. Two days later, patient was instructed to return to the ED as one of two blood cultures obtained in ED was reported positive. Upon arrival, patient was noted to have persistence of intermittent fevers, headache, bilateral eye swelling and redness, as well as cough and congestion, despite compliance with oral antibiotics.

Repeat physical exam on admission demonstrated persistence of tachycardia with pulse of 95 beats per minute. She was alert, conversant, and nontoxic. She had mildly erythematous and edematous upper eyelids bilaterally, crusting in the eyelashes, and clear watery discharge from both eyes with minimal conjunctival injection. Cardiovascular, she was tachycardic, no murmur, and capillary refill time of 2 s.

There were diminished breath sounds at the bases of her lungs with no focal crackles, but no retractions, or increased work of breathing. Extremities were slightly cool to touch, but there was no edema and there was 2+ distal pulses. The remainder of her physical exam was normal.

Repeat laboratory evaluations on admission documented resolved neutrophilia with persistent lymphopenia ($0.5 \times 10^3/\mu\text{L}$), and an elevated C-reactive protein (8.9 mg/dL; normative value < 1.0 mg/dL). Lactate was normal and multiplex, molecular panel for common respiratory viruses was negative. Repeat chest X-ray (Figs. 2, 3) demonstrated slightly increased bilateral perihilar linear opacities compared to prior exam.

Initial blood cultures were reported positive for gram-negative bacilli in the aerobic bottle, with molecular diagnostics negative for common gram negatives including *Escherichia coli*, *Klebsiella*, *Proteus*, *Serratia*, and *Pseudomonas*. Patient was admitted for gram-negative bacteremia and pneumonia and started on empiric treatment with ceftriaxone. The following day, the organism from the blood culture was identified as

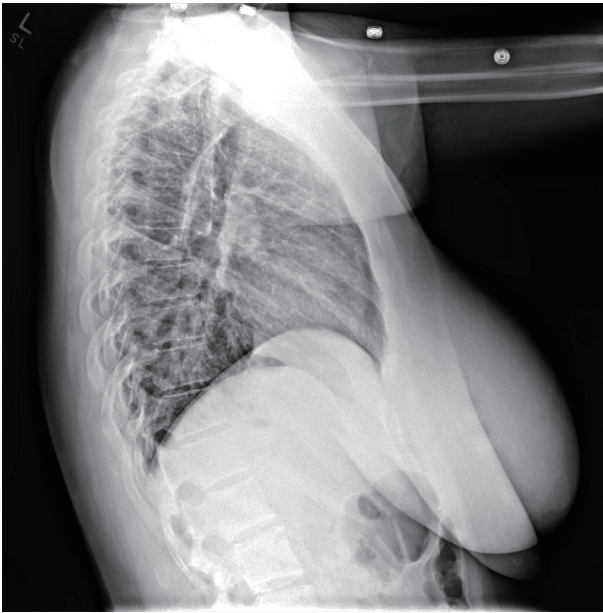


Figure 3. Lateral chest X-ray from second emergency department visit 2 days later.

M. osloensis. Antibiotic susceptibility testing was performed by Quest Diagnostics Infectious Disease using a validated assay pursuant to the Clinical Laboratory Improvement Amendment (CLIA) regulations.

Treatment

The patient was initially managed with intravenous (IV) ceftriaxone (2 g IV, every 24 h) along with maintenance fluids. A pediatric infectious disease consult was obtained when *M. osloensis* was identified as the causative organism to guide therapy and address concerns related to her lymphopenia upon presentation. An immunodeficiency workup was considered but ultimately deferred given the patient's overall well appearance, immediate response to broad-spectrum antibiotics, and lack of antecedent chronic infections. The patient remained afebrile during her hospital stay and continued ceftriaxone for 2 days until discharge. Repeat blood cultures obtained on second ED visit (prior to initiation of ceftriaxone) were negative. At the time of hospital discharge, the patient was well-appearing with no increased work of breathing despite mild rhonchi still present in the lower lobes of her lungs. Her lymphocytes had mildly improved to $0.8 \times 10^3/\mu\text{L}$. Susceptibilities of the *M. osloensis* were reported as sensitive to all antibiotics tested including ceftriaxone, cefepime, ceftazidime, ciprofloxacin, gentamicin, tobramycin, and trimethoprim-sulfamethoxazole. The laboratory did not indicate if the organism produced β -lactamase, and sensitivity to ampicillin was not reported.

On the day of hospital discharge, the patient was transitioned to 7 days of cefdinir (300 mg twice a day (BID)) to complete a total 10-day treatment course for *M. osloensis* bacteremia and pneumonia.

Follow-up and outcomes

A follow-up visit with her primary care physician (PCP) was recommended to obtain a repeat CBC with differential 1 - 2 weeks post-discharge to establish resolution of lymphopenia. It was also recommended that an infectious disease outpatient referral be completed if lymphopenia persisted. The patient was evaluated by her PCP 2 weeks after discharge and was completely asymptomatic at that time. A repeat CBC obtained at this visit demonstrated resolution of lymphopenia.

Discussion

Here we present a rare case of invasive *M. osloensis* infection resulting in bacteremia and pneumonia in an otherwise healthy adolescent who failed to respond to initial outpatient antibiotic therapy. *M. osloensis* has generally been considered a commensal organism and rare cause of invasive disease. As observed in this case, it is generally not recognized by most commercial bacterial identification systems, and due to its sparse prevalence in the literature, there is currently no standard antibiotic regimen for treatment of invasive infections [4]. Moreover, while the more common *Moraxella* species (e.g., *M. catarrhalis*) are typically β -lactamase producing, this has been inconsistently reported among clinical *M. osloensis* isolates [5, 6]. This uncertainty is illuminated by case reports showing sensitivities and effective treatment of this species in children with penicillin and ampicillin, which should not be effective in a β -lactamase producing organism [3, 4]. Some reported cases, however, have required multiple trials of different antibiotics to achieve effective therapy. Here, the patient failed initial outpatient antibiotics with amoxicillin-clavulanate, a surprising finding given the effectiveness of this antibiotic against other β -lactamase producing *Moraxella* species. In pediatric case reports, children were most commonly empirically started on cephalosporin-based therapy and in these cases no secondary line therapy has been required. Ultimately, clinicians should request susceptibilities be performed on *M. osloensis* isolates to ensure that an effective antibiotic is provided, and to avoid use of a broad-spectrum antibiotic if not necessary.

Learning points

M. osloensis is a rare cause of bacteremia and pneumonia in both the adult and pediatric literature. *M. osloensis* may have unique susceptibilities to antibiotics as compared to other *Moraxella* species. Antimicrobial susceptibility testing should be requested, and response to empiric therapy should be closely monitored to ensure disease resolution [5, 6].

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Financial Disclosure

None to declare.

Conflict of Interest

None to declare.

Informed Consent

Informed consent was obtained.

Author Contributions

Holden W. Richards was responsible for writing the first draft of the paper, incorporating revisions, editing figures and manuscript preparation. Dr. Christina Lancioni revised the manuscript for important intellectual content and approved the final version. Dr. Michael Jones was responsible for revising the manuscript for intellectual content and approved the final version.

Data Availability

The authors declare that data supporting the findings of this

study are available within the article.

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